

## Club championship 2017: age-graded performances

Updated November 26th 2017

Race 1 = Muddy Boots 10K	Race 14 = Newton Aycliffe 10K
Race 2 = Lightwater Valley 10K	Race 15 = HDSRL race 4, Knaresborough
Race 3 = Haweswater half	Race 16 = Eccup 10 mile
Race 4 = Thirsk 10	Race 17 = HDSRL race 5, Otley
Race 5 = Fountains 10K	Race 18 = Burn Valley half marathon
Race 6 = Vale of York 10	Race 19 = Burton Leonard 10K
Race 7 = Mermaid 10K	Race 20 = Darlington 10K
Race 8 = Keswick half marathon	Race 21 = Scorton Feast 10K
Race 9 = Ripon 10 mile	Race 22 = Tholthorpe 10K
Race 10 = HDSRL race 1, Harrogate	Race 23 = Vale of York half marathon
Race 11 = Northallerton 10K	Race 24 = Redcar half marathon
Race 12 = HDSRL race 2, Dragons	Race 25 – Sean Lee Johnstone 10 mile
Race 13 = HDSRL race 3, Wetherby	Race 26 = Guy Fawkes 10 mile

**NB Runners are put into age categories according to their age on 1<sup>st</sup> January 2017. Percentages for each race are calculated according to the age of each runner on race day, using**

<http://www.howardgrubb.co.uk/athletics/wmalookup06.html>

Runners marked in red have completed the minimum number or races required and can drop their weakest scores beyond that number.

### Male Senior

Name	5	20	Average %
Chris Cowen	56.05		56.05
Tin Grimwood		73.16	73.16

### Male 40 - 44

Name	10	11	12	13	17	Average %
Dave Atkinson	69.99		69.99	70.07		70.02
Alan Mackay	64.47	66.85	64.47	61.91	64.35	64.41

### Male 45-49

Name	1	3	4	10	11	13	20	21	24	25	Average %
Martin Randall	67.29	70.12							72.42		69.94
Mark Sowerby			71.83	72.4		70.09		72.33			71.44

Niall Cheyne					44.15		45.80				44.98
Andrew Fahey							71.93				71.93
Neil Bowmer								72.85		69.92	71.39
David Martin								50.33			50.33

Male 50 - 54

Name	10	11	12	13	15	17	20	25	Av %
Derek Parrington	77.03			74.61	78.18			77.63	76.86
Andy Broadley	50.09	54.72	46.59		51.26	49.35	54.66		51.11
Evan Jones		46.43		56.40		58.76			53.86

Male 55 - 59

Name	4	6	9	12	13	15	17	20	22	Subs 1	Subs 2	Av %
Andrew Fletcher	80.22	80.00	73.32					78.46	77.2	81.25	81.95	79.85
Pete Devlin	58.13							62.53				58.13
Richard Soper				57.82	59.74	62.80	64.35					61.18
Roy Ashman					58.83							58.83

Male 60 - 64

Name	2	4	10	11	12	15	17	Subs 1	Subs 2	Av %
Stuart Hardcastle	69.23									69.23
John Lynch	68.52									68.52
Roger Brisley		58.97	55.52	58.04	52.90	58.44	57.82	62.59	60.13	59.33
Martin Luxton							68.39			68.39

Female Senior

Name	10	11	12	21	Average %
Helen Baines	52.81	53.43	54.06		53.43
Jess Young		58.44			58.44
Sam King				65.1	65.1

Female 35-39

Name	2	11	14	19	20	21	22	Average %
Zoe Mason	67.77		68.02	64.78	70.11	68.73	70.18	68.27
Sarah Norman		54.16				55.21		54.69
Debbie Eden Hayhurst					51.26			51.26

Female 40-44

Name	2	5	10	11	12	13	17	20	21	Average %
Anne Singleton	51.11	49.26		50.61				52.09	51.57	51.83
Zoe Mackay			58.74	60.63	53.85	58.83	57.95			58
Jean Bradley				44.40						44.40

Female 45-49

Name	11	20	21	25	Average %
Michelle Bray	49.45	52.49			49.45
Sheila Cantrell	45.93		49.42		45.93
Ros Blackmore			61.25	63.64	62.45

Female 50 -54

Name	3	12	20	21	25	Average %
Sue Crabbe	72.86					72.86
Karen Thompson		54.17				54.17
Annelie Whitfield			70.99	72.09		71.54
Helen Nicholson				68.88		68.88
Vicky Howe					66.86	66.86

Female 55 -59

Name	8	10	11	12	13	15	17	20	23	25	Average %
Oonagh Bathgate	80.02										80.02
Chris Sayer		62.49	64.35	57.11	57.71	63.80	59.85	65.35			60.89
Grace Gilpin								69.13		64.8	66.97
Sue Crabbe									73.17		73.17

Female 60 – 64

Name	2	4	10	11	12	15	16	Average %
Julia Spittle	67.57	71.79	70.05	71.29	63.40	70.62	68.60	69.99